



**THE CHURCH IN THE GARDENS  
COMMUNITY HOUSE  
15 Borage Place  
Forest Hills, NY 11375  
Telephone#: 718/268-7710  
Fax: 718/268-8771**

### ***BEYOND LEVEL FIVE SWIMMING***

This class is an exciting addition to the Community House swim program and is designed for advanced swimmers looking to improve their skills to competitive team level. With instructor, Mary Leong, master all four swim strokes, diving skills and flip turns.

**10 one hour classes will be held on  
Mondays from 7 – 8 pm OR Wednesdays from 7 – 8 pm**

Registration for members begins Monday, December 7<sup>th</sup>

Class fee: \$200.00

Registration for non-members begins Monday, December 14<sup>th</sup> @ 7 am

Class fee: \$250.00

**\*Fees are non refundable**

### **Class Schedule**

MONDAYS: Jan 4, 11, 25, Feb. 1, 8, 22, Mar. 1, 8, 15, 22

**OR**

WEDNESDAYS: Jan. 6, 13, 20, 27, Feb. 3, 10, 24, Mar. 3, 10, 17

**All checks payable to The Community House**

**DUE TO AVAILABLE POOL SPACE, THIS CLASS WILL  
HAVE A LIMITED ENROLLMENT**