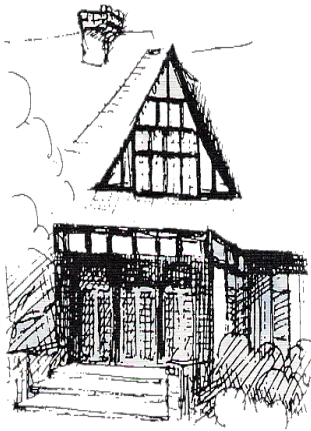


**THE COMMUNITY HOUSE  
SERVING THE COMMUNITY FOR  
OVER 80 YEARS!**

**Summer 2011**

www.thecommunityhouse.net



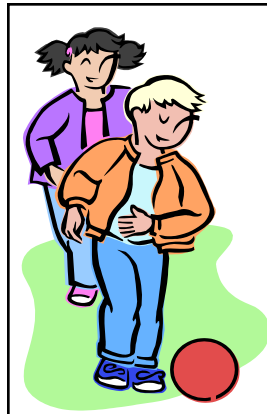
# THE CH CHATTER

## 2011-2012

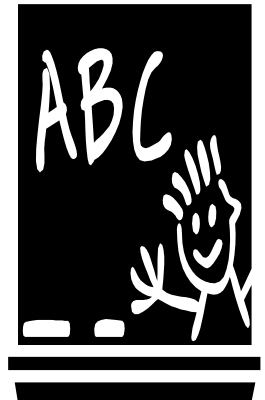
### After School Program

**Inside this issue:**

After School 11/12 Mark Your Calendars! Fall Classes Membership Info	1
Summer Swimming Summer Classes Summer Closing Parking Rules	2
July Pool Schedule	3
August Pool Schedule Pool Regulations Class Schedules	4

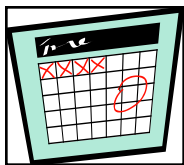


**After school begins  
on Thursday,  
September 8th.  
Please make sure all  
forms are in by the  
start of the  
school year.**



**Registration for  
the fall session of  
swimming classes  
will begin  
on Monday,  
September 12 for  
CH members.**

**FOR CH MEMBERS ONLY  
NEW FALL CLASSES  
Zumba classes will begin in October  
on Wednesday nights.  
Water Aerobics classes will begin on  
Saturday mornings  
Look for details on our website in mid August!**



**Mark your 2011/2012  
calendars with the  
following dates...**

**September 24 -  
CH Member's BBQ**

**November 5 - Taste of Forest Hills**

**December 3 - CH Family Holiday  
Dinner Dance**

**December 10 - Men's Club Holiday  
Dinner Dance**

**March 17 - Men's Club St. Patrick's  
Dinner Dance**

**March 24 - CH Casino Night**

**April 20-21 - Women's Club  
Rehearsal and Guest Night**

## SUMMER POOL SCHEDULE

**July 5 through August 19**

**Morning Adult Lap swim will end at 10:30 AM  
Monday through Friday**

\*\*\*\*\*

**Adult Free Style will be from 2PM - 3PM ONLY  
Monday through Friday**

\*\*\*\*\*

**Afternoon Family Swim will be 3PM - 4PM  
Monday through Thursday  
and**

**4PM - 7:30PM on Fridays**

**The evening pool hours and Saturday pool  
hours will not be effected!**

# Summertime at the CH



## Summer Swim Lessons -

Summer Swim lessons will begin on July 5th and end August 15th

### **SUMMER YOGA CLASS SCHEDULE**

**Tuesdays: 7/5, 7/12, 7/26, 8/2, 8/9, 8/16**

**Wednesdays: 7/6, 7/13, 7/27, 8/3, 8/10, 8/17**

**Thursdays: 7/7, 7/14, 7/28, 8/4, 8/11, 8/18**

**Saturdays: 7/9, 7/16, 7/30, 8/6, 8/13**

### **SUMMER MARTIAL ARTS CLASS SCHEDULE**

**Saturdays: 7/9, 7/16, 7/23, 7/30, 8/6, 8/13**

**The gym will be closed on Saturday, July 9th.**

**All Fall schedules will be available on the CH website by mid August**

## COMMUNITY HOUSE SUMMER PROGRAM

**The CH summer program begins July 5th and will end August 19th.**

### Lost Items

There are 2 lost and found boxes located in the Community House; one by the pool area the other in the main lobby. After two weeks the items left in those boxes will be either discarded or donated.

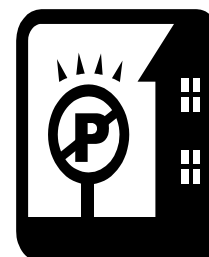
## Men's "Over the Hill"

Basketball- Wednesday night pick-up games at 7:30



## Parking Rules

Please be reminded the Forest Hills Gardens Corporation strictly enforces its parking code and Community House members/visitors must have an updated parking pass (with your name on it) in your car when visiting the CH or else your car will be booted. Passes can be obtained in the CH office.



# SUMMER CLOSING

**The Community House will be closed beginning Saturday, August 20th and will re-open Tuesday, September 6th.**

**During this time period the building will undergo its annual maintenance.**

**HAVE A SAFE AND EXCITING SUMMER!!**



Please follow the CH rules while using the pool!!  
**NO FOOD OR DRINKS IN THE POOL AREA!!**

### JULY POOL SCHEDULE

Swimmers will not be admitted to the pool 15 minutes prior to the PM closing time

**SAVE WATER - Remember to turn off the showers. Kindly keep our locker rooms clean...Thank you!!**

MON	TUES	WED	THURS	FRI	SAT
				<b>1</b> 6:30-Noon Adult Lap 1:00-3:00 pm Adult Free Style 3:00-4:00 pm Family Swim 4:00-6:30 pm Lessons 6:30-7:30 pm Family Swim 7:30-9:15 pm Adult Lap	<b>2</b>  CH CLOSED
<b>4</b>  CH CLOSED	<b>5</b> 6:30-10:30am Adult Lap 2:00-3:00 pm Adult Free Style 3:00-4:00 pm Family Swim 4:00-6:00 pm Lessons 6:00-7:00 pm Pamper Paddlers 7:00-8:00 pm Family Swim 8:00-9:15 pm Adult Lap	<b>6</b> 6:30-10:30am Adult Lap 2:00-3:00 pm Adult Free Style 3:00-4:00 pm Family Swim 4:00-6:00 pm Lessons 7:00-8:00 pm Family Swim 7:00-8:00 pm Beyond Level Five Swim 8:00-9:15 pm Adult Lap	<b>7</b> 6:30-10:30am Adult Lap 2:00-3:00 pm Adult Free Style 3:00-4:00 pm Family Swim 4:00-6:00 pm Lessons 7:00-8:00 pm Family Swim 8:00-9:15 pm Adult Lap	<b>8</b> 6:30-10:30am Adult Lap 2:00-3:00 pm Adult Free Style 3:00-7:30 pm Family Swim 7:30-9:15 pm Adult Lap	<b>9</b> 8:00-11am Adult Lap 11am-Noon Adult Free Style 1:00-5:30 pm Family Swim
<b>11</b> 6:30-10:30am Adult Lap 2:00-3:00 pm Adult Free Style 3:00-4:00 pm Family Swim 4:00-6:00 pm Lessons 7:00-8:00 pm Family Swim 7:00-8:00 pm Beyond Level Five Swim 8:00-9:15 pm Adult Lap	<b>12</b> SAME AS ABOVE	<b>13</b> SAME AS ABOVE	<b>14</b> SAME AS ABOVE	<b>15</b> SAME AS ABOVE	<b>16</b> SAME AS ABOVE
<b>18</b> SAME AS ABOVE	<b>19</b> SAME AS ABOVE	<b>20</b> SAME AS ABOVE	<b>21</b> SAME AS ABOVE	<b>22</b> SAME AS ABOVE	<b>23</b> SAME AS ABOVE
<b>25</b> SAME AS ABOVE	<b>26</b> SAME AS ABOVE	<b>27</b> SAME AS ABOVE	<b>28</b> SAME AS ABOVE	<b>29</b> SAME AS ABOVE	<b>30</b> SAME AS ABOVE



**THE COMMUNITY HOUSE  
SERVING THE COMMUNITY  
FOR OVER 80 YEARS!**

15 Borage Place  
Forest Hills, NY 11375-6012  
Phone: 718-268-7710  
Fax: 718-268-8771  
www.thecommunityhouse.net

**OFFICE HOURS**

Monday-Friday 9am-9:00pm

Saturday 9am-5pm

**EXECUTIVE COMMITTEE**

Mrs. Jacquelyn Knight, Chairperson

Mr. Joseph Keane, Vice Chairperson

Mr. Edward Llerandi, Treasurer

Mrs. Lily Zivkovic, Secretary

**COMMITTEE MEMBERS**

Ms. Rachel Borut

Mr. Russell Cahn

Ms. Laura Evangelista

Mrs. Shirley Moy

Mr. Jack Seng

Mrs. Randy St. Germain

Mrs. Mary Lou Steincke

Mrs. JoJo Serventi, Director  
jojo.serventi@verizon.net

**Pool Notes and Reminders**



- Absolutely **NO** eating in the locker rooms, **NO** exceptions.
- Yearly locker rental fees will be \$40 for small lockers and \$80 for large lockers. You must register and pay for your locker in the CH office. Locks not registered will be removed from lockers.
- Admission to the pool ends **15 MINUTES BEFORE** the pool closes.
- Children under the age of eight **MUST** be accompanied by an adult.
- Diving and/or jumping in **NOT** permitted.
- Food and drinks are **NOT** permitted in the locker/pool area.
- Street shoes are **NOT** permitted on the pool deck.
- Entrance to the pool **MUST** be made through the locker rooms.
- Young adults who are proficient in swimming **MAY** swim during adult lap swim.
- Swimmers **MUST** remember to shower before they get into the pool.
- To avoid unnecessary injuries, swimmers should swim in lanes designated for their swimming ability.
- **During Family swim time ADULTS MUST be accompanied by a child.**

**AUGUST POOL SCHEDULE**

Mon	Tues	Wed	Thurs	Fri	Sat
1 6:30-10:30am Adult Lap 2:00-3:00 pm Adult Free Style 3:00-4:00 pm Family Swim 4:00-6:00 pm Lessons 7:00-8:00 pm Family Swim 7:00-8:00 pm Beyond Level Five Swim 8:00-9:15 pm Adult Lap	2 6:30-10:30am Adult Lap 2:00-3:00 pm Adult Free Style 3:00-4:00 pm Family Swim 4:00-6:00 pm Lessons 6:00-7:00 pm Pamper Paddlers 7:00-8:00 pm Family Swim 8:00-9:15 pm Adult Lap	3 6:30-10:30am Adult Lap 2:00-3:00 pm Adult Free Style 3:00-4:00 pm Family Swim 4:00-6:00 pm Lessons 7:00-8:00 pm Family Swim 7:00-8:00 pm Beyond Level Five Swim 8:00-9:15 pm Adult Lap	4 6:30-10:30am Adult Lap 2:00-3:00 pm Adult Free Style 3:00-4:00 pm Family Swim 4:00-6:00 pm Lessons 7:00-8:00 pm Family Swim 8:00-9:15 pm Adult Lap	5 6:30-10:30am Adult Lap 2:00-3:00 pm Adult Free Style 3:00-7:30 pm Family Swim 7:30-9:15 pm Adult Lap	6 8:00 - 11:00am Adult Lap 11:00 am-Noon Adult Free Style 1-5:30 pm Family Swim
8 SAME AS ABOVE	9 SAME AS ABOVE	10 SAME AS ABOVE	11 SAME AS ABOVE	12 SAME AS ABOVE	13 SAME AS ABOVE
15 SAME AS ABOVE	16 SAME AS ABOVE	17 SAME AS ABOVE	18 SAME AS ABOVE	19 Pool closes at 10:30 am	20 CH CLOSED
22 CH CLOSED	23 CH CLOSED	24 CH CLOSED	25 CH CLOSED	26 CH CLOSED	27 CH CLOSED
29 CH CLOSED	30 CH CLOSED	31 CH CLOSED			

**SUMMER YOGA CLASS SCHEDULE**

Adults only yoga Tuesday and Thursday  
evenings 7:15-8:30 pm

Wednesday Mornings 6:30-7:45am

Saturday Mornings 7:45-9:00am

Family Yoga Saturday mornings  
9am-10am



CH  
beginners  
welcome  
in all  
classes!

**SUMMER MARTIAL ARTS CLASS SCHEDULE**

Saturday afternoons  
4-5 year olds 1:30pm  
6-10 year olds 2:30pm  
11 years & up 3:30pm



CH  
Member  
Adults  
&  
Children