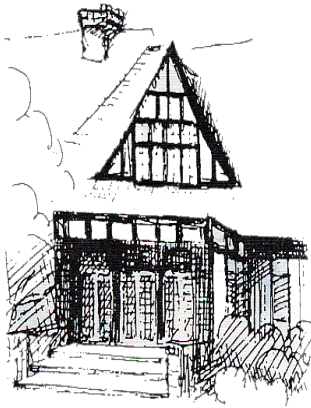


**THE COMMUNITY HOUSE  
SERVING THE COMMUNITY FOR  
OVER 80 YEARS!**

**September 2011**

www.thecommunityhouse.net



# THE CHATTER



The CH annual Member's Barbeque will be held on Saturday, Sept. 24th at 5:00 pm. Come and join your fellow members and their

families as our Executive Committee and our wonderful staff do the grilling and run the programs for you and your children. There will be plenty of fun and games for all who attend. The Community House will once again supply "the meat" of the meal, we are asking members to bring side dishes or desserts. This enjoyable day might be a great time to introduce any prospective members to our facility, so bring them as well.

**Reservation forms are available on our website or at the CH office.**

Please complete and return to the CH office no later than Monday, September 19th. We are looking forward to seeing you there. (There is no charge for this event.)



**Mark your calendars for this year's "Taste of Forest Hills 2011"**

**Saturday,  
November 5, 2011  
1:00 - 4:00 pm**

**Come sample some of Greater Forest Hills' best restaurants paired with today's best wines!**

**Look for details in next month's Chatter!**

**Inside this issue:**

<b>Taste of Forest Hills 2011 Member's Barbecue</b>	<b>1</b>
<b>Save the Dates Summer Program Thanks</b>	
<b>Fall Classes CH News CH School News</b>	<b>2</b>
<b>September Pool Schedule</b>	<b>3</b>
<b>September Calendar</b>	<b>4</b>
<b>Upcoming Events</b>	



## **SAVE THE DATES**

**Sept. 24** CH Member's BBQ  
(Executive Committee slate confirmation)

**October 6** - Men's Club Oktoberfest

**November 5** Taste of Forest Hills 2011

**November 28** Holiday decorating for the Community House 7:15pm

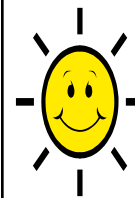
**December 3** CH Family Holiday Party

**December 10** - Men's Club Holiday Dinner Dance

**March 17** - Men's Club St. Patrick's Dinner Dance

**March 24** - Community House Casino Night

**April 20 & 21** Women's Club Rehearsal and Guest Night



**A special thanks to those families who participated in our Summer Program. Everyone had a wonderful time and we look forward to seeing you again next year.**

**As always, we thank you for entrusting us with your children. They were a pleasure to have here at the Community House.**

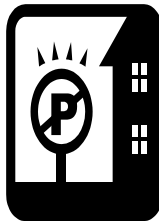
# Fall Classes and CH News



**Fall Swim Classes**  
Registration for fall swim lessons will begin on Monday, September 12 for members and September 19 for non CH members.

Swim lessons will begin Friday, Sept 23.  
Pamper Paddlers will begin on Saturday, September 24.  
Beyond Level 5 will begin the week of Sept 26th  
Call the CH office for more details.

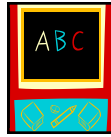
**Parking Rules**  
Please be reminded the Forest Hills Gardens Corporation strictly enforces its parking code and Community House members/visitors must have an updated parking pass in their car when visiting the CH or else their car will be booted. Passes can be obtained in the CH office.



**Lost Items-** Please mark your children's clothing with their name so they can be returned to their rightful owner. There are 2 lost and found boxes located at the CH. Clothes will be donated.



**Men's "Over the Hill" Basketball-**  
Wednesday night pick-up games at 7:30 PM



## After School News

Welcome back to the Community House after school program. The after school program will follow the public school calendar and begin on Thursday, September 8. The hours of the after school program are as follows:  
3:00 pm - 7:00 pm  
for grades Pre K through 6.  
All medical and emergency contact forms are due by September 1st. Children will not be able to attend until all current forms are received. NO exceptions. Parent handbooks were mailed or sent to registered students. Please read it carefully as it outlines all policies and expectations. We look forward to a very successful after school program.

Time to register for the Garden Players, an innovative musical theater program for children 1st grade - 9th grade. Denver Casado & Betina Hershey will lead the group in improvisational exercises that encourage individuality and courageous self-expression, vocal exercises that strengthen the voice, and each class will study selections from a well known musical which they will perform in May at the Community House. Garden Players 1 (1-3rd grade) meets Fridays 4-4:50, Garden Players 2 (4-6th grade) meets 5-6:10, Garden Players 3 (7-9th grade) meets Fridays 6:15-7:30. Starting in February there will be weekend rehearsals. Register on September 17th 2-4 and September 18th 12:30-2 in the Music Room at Church-in-the-Gardens. Call Betina Hershey Russo at 917-204-5647 or go to [www.betinarusso.com](http://www.betinarusso.com) and click on the Garden Players icon for more information.



## From The Community House School

718-268-0490  
School Office opens Tuesday, September 6  
Classes will begin on Monday, September 12

**Attention swimmers!**  
The pool will open earlier on Saturdays (7:30am)  
Adult Lap 7:30am-10am  
Adult free style 10:30am -11am  
followed by an Adult water aerobics class at 11am

Registration for Water Aerobics classes for CH adult members will be held on Saturday, September 17th at 11:00 am

Registration for Wednesday night ZUMBA classes for CH Members will be held on Wednesday, September 14th at 7:00 pm

Registration for Friday night HIP HOP classes for CH Members will be held on Friday, September 23 at 7 pm



Yoga classes will resume September 17th.  
Tuesday and Thursday evenings 7:15 - 8:30 pm  
Wednesday mornings 6:30 - 7:45 am  
Saturday mornings 7:45 - 9:00 am  
&  
9:00 - 10:00 am (family yoga class)  
Beginners Welcome

Registration for Saturday Martial Arts classes for **CH members ONLY** will be held on Saturday, September 24 at 11 am. Class sizes will be limited. There will be no fees for these classes!

**Total Body Conditioning classes for CH members**  
Registration for Saturday afternoon TBC classes will be held on Saturday, September 24th at 2 PM

Class Schedules will be available on our website or in the CH office.

[www.thecommunityhouse.net](http://www.thecommunityhouse.net)

Mark your calendars for this year's Women's Club Philanthropic Luncheon to be held on Friday, November 11. Details in next month's Chatter

# SEPTEMBER POOL SCHEDULE

Swimmers will not be admitted to  
the pool 15 minutes prior to the  
PM closing time!

**Please follow the CH  
rules while using the  
pool!!  
NO FOOD OR DRINKS  
IN THE POOL AREA!!**

**SAVE WATER -  
Remember to turn  
off the showers.  
Kindly keep our  
locker rooms clean...  
Thank you!!**

Mon	Tue	Wed	Thu	Fri	Sat
			<b>1 CH CLOSED</b>	<b>2 CH CLOSED</b>	<b>3 CH CLOSED</b>
<b>5</b>  <b>CH CLOSED</b>	<b>6</b>	<b>7</b> 6:30 am-12 pm Adult Lap 1:00 - 3:00 pm Adult Free Style 3:00-6:00 pm Family Swim 7:00-8:00 pm Family Swim 8:00-9:15 pm Adult Lap	<b>8</b> 6:30 am-12 pm Adult Lap 1:00 - 3:00 pm Adult Free Style 3:30-5:00 pm Family Swim 7:00-8:00 pm Family Swim 8:00-9:15 pm Adult Lap	<b>9</b> 6:30 am-12 pm Adult Lap 1:00 - 3:00 pm Adult Free Style 3:00-6:00 pm Family Swim 6:30-7:30 pm Family Swim 7:30-9:15 pm Adult Lap	<b>10</b> 7:30 - 10:30am Adult Lap 10:30 -11:00 am Adult Free Style 11:00am-Noon Water aerobics 1:00-5:30 pm Family Swim
<b>12</b> 6:30 am-12 pm Adult Lap 1:00 - 3:00 pm Adult Free Style 3:00-6:00 pm Family Swim 7:00-8:00 pm Family Swim 8:00-9:15 pm Adult Lap	<b>13</b> 6:30 am-12 pm Adult Lap 1:00 - 3:00 pm Adult Free Style 3:30-5:00 pm Family Swim 7:00-8:00 pm Family Swim 8:00-9:15 pm Adult Lap	<b>14</b> SAME AS ABOVE	<b>15</b> SAME AS ABOVE	<b>16</b> SAME AS ABOVE	<b>17</b> SAME AS ABOVE
<b>19</b> SAME AS ABOVE	<b>20</b> SAME AS ABOVE	<b>21</b> SAME AS ABOVE	<b>22</b> SAME AS ABOVE	<b>23</b> 6:30 am-12 pm Adult Lap 1:00 - 3:00 pm Adult Free Style 3:00-4:00 pm Family Swim 4:00-6:30 pm Lessons 6:30-7:30 pm Family Swim 7:30-9:15 pm Adult Lap	<b>24</b> 7:30 - 10:30am Adult Lap 10:30 -11:00 am Adult Free Style 11:00am-Noon Water aerobics 1:00 - 2:00 pm Pamper Paddlers swim classes 1:00-5:30 pm Family Swim
<b>26</b> 6:30 am-12 pm Adult Lap 1:00 - 3:00 pm Adult Free Style 3:00-4:00 pm Family Swim 4:00-6:00 pm Lessons 7:00-8:00 pm Family Swim 8:00-9:15 pm Adult Lap	<b>27</b> 6:30 am-12 pm Adult Lap 1:00 - 3:00 pm Adult Free Style 3:00 - 3:30 pm Lessons 3:30-5:00 pm Family Swim 7:00-8:00 pm Family Swim 8:00-9:15 pm Adult Lap	<b>28</b> 6:30 am-12 pm Adult Lap 1:00 - 3:00 pm Adult Free Style 3:00-4:00 pm Family Swim 4:00-6:00 pm Lessons 7:00-8:00 pm Family Swim 8:00-9:15 pm Adult Lap	<b>29</b> 6:30 am-12 pm Adult Lap 1:00 - 3:00 pm Adult Free Style 3:00 - 3:30 pm Lessons 3:30-5:00 pm Family Swim 7:00-8:00 pm Family Swim 8:00-9:15 pm Adult Lap	<b>30</b> SAME AS ABOVE	<b>FYI</b>  <b>Adult swim lessons may be given during Adult Free Style pool time</b>



**THE COMMUNITY HOUSE  
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15 Borage Place  
Forest Hills, NY 11375-6012  
Phone: 718-268-7710  
Fax: 718-268-8771

Www.thecommunityhouse.net

**OFFICE HOURS**

Monday-Friday 9am-6:00pm

Saturday 9am-5pm

**EXECUTIVE COMMITTEE**

Mrs. Jacquelyn Knight, Chairperson

Mr. Joseph Keane, Vice Chairperson

Mr. Edward Llerandi, Treasurer

Mrs. Lily Zivkovic, Secretary

**COMMITTEE MEMBERS**

Ms. Rachel Borut

Mr. Russell Cahn

Ms. Laura Evangelista

Mrs. Shirley Moy

Mr. Jack Seng

Mrs. Randy St. Germain

Mrs. Mary Lou Steincke

Mrs. JoJo Serventi, Director  
jojo.serventi@verizon.net

**Pool Notes and Reminders**



- Absolutely **NO** eating in the locker rooms, **NO** exceptions.
- Yearly locker rental fees will be \$40 for small lockers and \$80 for large lockers. You must register and pay for your locker in the CH office. Locks not registered will be removed from lockers.
- Admission to the pool ends **15 MINUTES BEFORE** the pool closes.
- Children under the age of eight **MUST** be accompanied by an adult.
- Diving and/or jumping in **NOT** permitted.
- Food and drinks are **NOT** permitted in the locker/pool area.
- Street shoes are **NOT** permitted on the pool deck.
- Entrance to the pool **MUST** be made through the locker rooms.
- Young adults (13 or older) who are proficient in swimming **MAY** swim during adult lap swim.
- Swimmers **MUST** remember to shower before they get into the pool.
- To avoid unnecessary injuries, swimmers should swim in lanes designated for their swimming ability.
- **During Family swim time ADULTS MUST be accompanied by a child.**

**SEPTEMBER CALENDAR**

**UPCOMING EVENTS**

October 3 - Women's Club General Mtg

October 6 - Men's Club Oktoberfest

October 10 - CH CLOSED for Columbus Day Holiday

October 17 - Women's Club Board & Bridge

October 29 - Men's Club Outing

**CLASS SCHEDULES**

**Adults only yoga**

Tuesdays and Thursdays

evenings 7:15-8:30 pm

Wednesday Mornings

6:30-7:45am

Saturday Mornings 7:45-9:00am

**Family yoga**

Saturday mornings 9am-10am

**Martial arts**

Saturdays

4-5 year olds 11:00am

6-10 year olds 12:00pm

11 years & up 1:00pm

**Total Body Conditioning Classes**

Saturdays at 2 pm

**Hip Hop Classes**

Friday evenings 7:00 - 8:00 pm

**Zumba Classes**

Wednesdays 7:15pm

**Water Aerobic Classes**

Saturdays at 11am

Monday	Tuesday	Wednesday	1 Thursday CH CLOSED	2 Friday CH CLOSED	3 Saturday CH CLOSED
5 CH CLOSED LABOR DAY	6 CH Re-Opens GYM CLOSSES at 6PM	7 Pool Opens at 6:30 AM	8 1st day for the after school program	9	10 Open Gym 11:00 am - 5:00 pm
12 1st day of CH School  CH Members Swim class Registration beginning at 9AM	13	14 Zumba registration 7:00pm  Over the Hill Basketball 7:15 pm	15	16 CH School PA Meeting 9AM Activity Room	17 Gym Closed Yoga classes in Smith Hall  Water Aerobics Registration 11am
19 Swimming Registration Non-CH members 7AM	20 PM Yoga class	21 AM Yoga Class Over the Hill Basketball 7:15 pm Zumba	22 CH School Parent/ Staff Social 7-9pm	23 FRIDAY SWIM CLASSES BEGIN  Hip Hop Registration 7pm	24 AM Yoga Pamper Paddlers Martial Arts registration 11am TBC registration 2pm CH Members BBQ 5 PM
26 MONDAY SWIM CLASSES BEGIN	27 PM Yoga class	28 AM Yoga Wed. SWIM CLASSES BEGIN Zumba	29 No After School PM Yoga class	30 No After School	